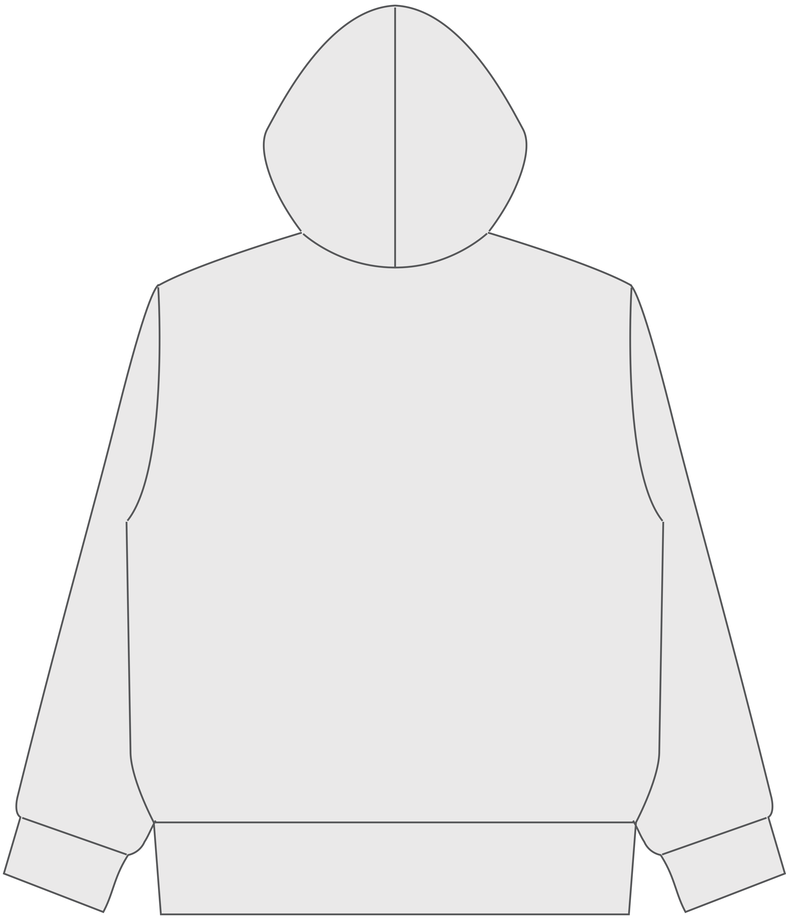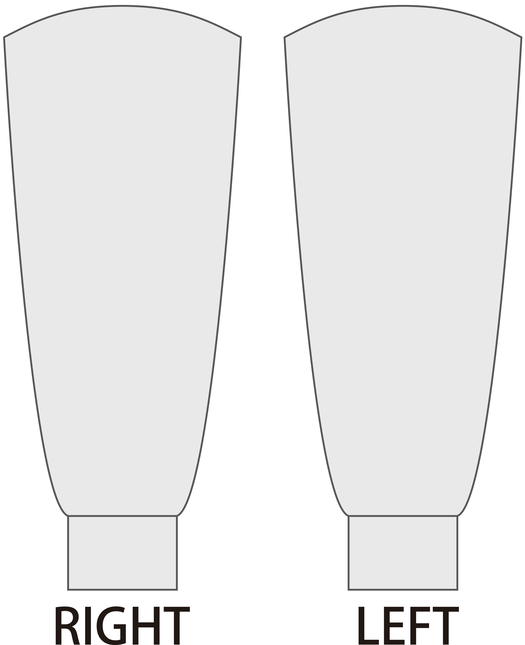フード下〜ポケット 30cm